

Training Checklist

For detailed, step-by-step instructions on how to use the Dexcom G6 Continuous Glucose Monitoring (CGM) system, refer to the user guide at amsldiabetes.com.au/resources

Use this checklist, along with the **Start Here** and **Using Your G6** guides, as you learn about the Dexcom G6 CGM system.

Introduce CGM and Components



Review **Dexcom G6 Overview** and **What it Does** in the Start Here guide.

Set Up Display Device



Dexcom G6 App*: Download and open

1. Agree to data consent
2. Create new log-in (if not created previously)
3. Read and step through set-up screens
4. Follow onscreen instructions to:
 - Customise Low, High and Urgent Low Soon Alerts
 - Enter Sensor Code - **to avoid daily calibrations**
 - Enter Transmitter serial number

Receiver: To turn on the Receiver, press and hold the button for 2 seconds.

*For a list of compatible devices see: dexcom.com/dexcom-international-compatibility

Insert Sensor and Attach Transmitter



- Watch instructional video on how to insert sensor and attach transmitter on the AMSL Diabetes YouTube page
- Choose sensor site (abdomen for 18 years and older, abdomen or upper buttocks for 2-17 years)
- Insert sensor with applicator
- Snap in transmitter

□ Pair Transmitter and Start Sensor



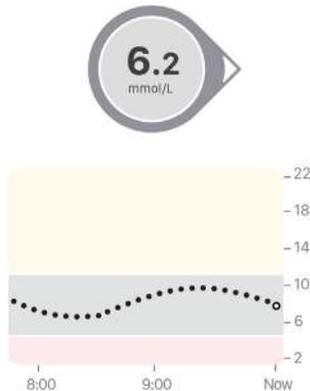
Pair



2-hour warmup

1. Wait for transmitter to pair
2. Tap **Start Sensor**
 - No readings during 2-hour warmup
 - Keep display device within 6 metres during warmup

□ Home Screen Overview



Review **Home Screen Overview** in **Using Your G6** guide with.

Home screen shows:

- Sensor Glucose Reading
- Trend Arrow
- Trend Graph
- High and Low Alert Levels

Review Home screen settings:

- Review alert options: Urgent Low, Urgent Low Soon, Low, High, Rise Rate, Fall Rate, Signal Loss and No Readings. Review Repeat and Sounds options for each alert
- Repeat above for second alert schedule if desired: choose Day/Time preferences, Repeat and Sound options

□ Treatment Decisions

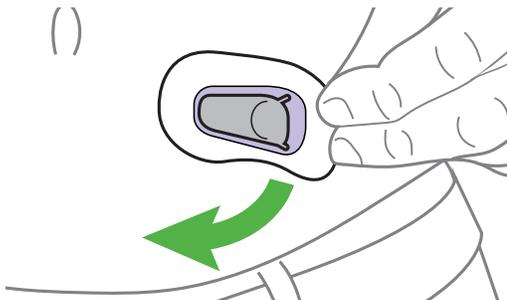


Review **Treatment Decisions** in **Using Your G6** guide.

Use your meter if:

- Your Dexcom G6 readings don't match your symptoms
- Your Dexcom G6 doesn't show both a number and arrow

□ Ending Sensor Session



Review **Ending Your Sensor Session** in **Using Your G6** guide.

- Remove sensor and transmitter together from body
- Remove transmitter from holder and clean using an alcohol swab
- **Keep transmitter**

For more information on Dexcom G6, please visit our website or contact us on **1300 851 056** or at diabetes@amsl.com.au

amsldiabetes.com.au    

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