Track your glucose with

dexcom CLARITY®

Dexcom CLARITY® is an important part of your Dexcom® continuous glucose monitoring (CGM) system, providing an overview of your diabetes management by highlighting glucose patterns, trends and statistics. While using the Dexcom CGM app, you are automatically and continuously* sending your glucose data to your CLARITY account.

With the Dexcom CLARITY app, review key metrics, create reports, authorise data sharing with your clinic and sign up for weekly progress notifications.

Time in Range
The percentage of time that your glucose levels are in low, target and high ranges.

Estimated A1C (eA1C)
CLARITY determines an estimated A1C[†] as the average glucose from a minimum number of days with a minimum duration of CGM wear time.
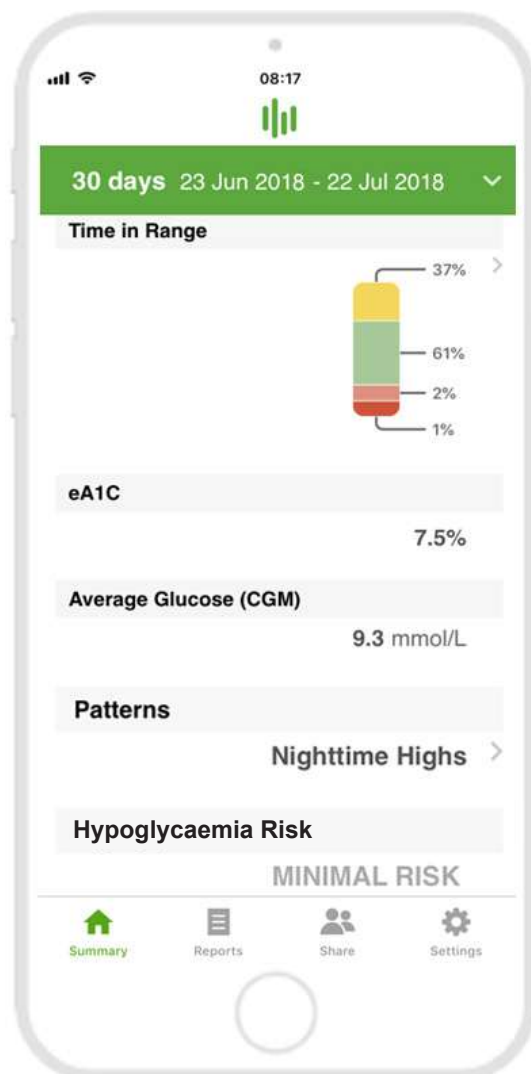
Average Glucose (CGM)
The average of all your glucose readings from the selected date range.
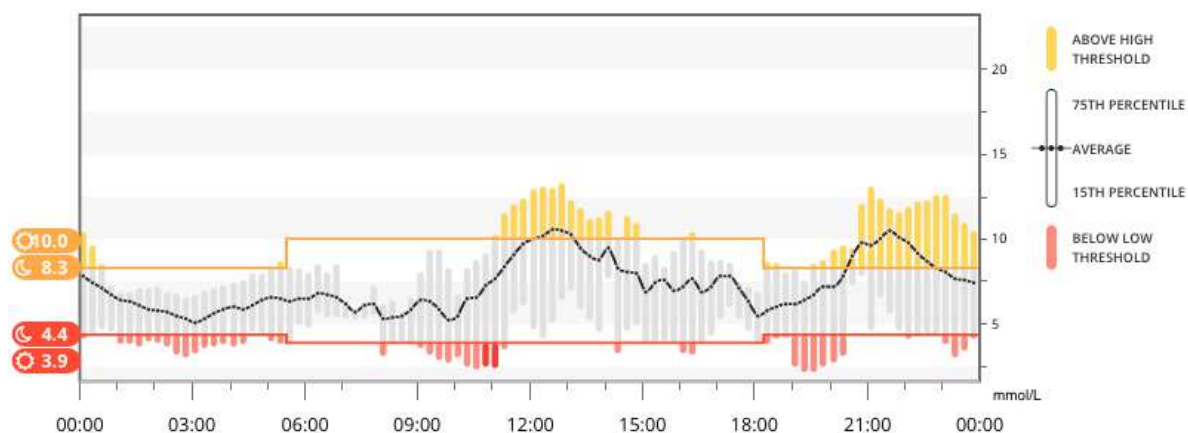
Patterns
Consistent occurrences of high or low glucose, at the same time of day, on multiple days.

Hypoglycaemia Risk
Estimates the risk for severe hypoglycaemia based on a combination of the number of times glucose was low, the magnitude of the low glucose and for how long there was low glucose.

08:17	
30 days 23 Jun 2018 - 22 Jul 2018	
Time in Range	37% / 61% / 2% / 1%
eA1C	7.5%
Average Glucose (CGM)	9.3 mmol/L
Patterns	Nighttime Highs
Hypoglycaemia Risk	MINIMAL RISK

Summary · Reports · Share · Settings

Use CLARITY online at **clarity.dexcom.eu** to view detailed, interactive reports. This Trends report combines all glucose readings from the date range selected to show a typical day.

Legend: ABOVE HIGH THRESHOLD · 75TH PERCENTILE · AVERAGE · 15TH PERCENTILE · BELOW LOW THRESHOLD

Thresholds: 10.0 / 8.3 / 4.4 / 3.9 — mmol/L

For more information on CLARITY statistics, visit **clarity.dexcom.eu/glossary**

*While connected to the internet with consent to share data.

†Estimated A1C is only an estimate and does not replace the HbA1c test conducted by your healthcare professional. Dexcom CLARITY needs at least 12 days of sensor use with 80% or greater wear time to provide an estimated A1C. If "N/A" is displayed here, there is not enough data to estimate A1C.

Share data with your clinic

You can authorise data sharing with your clinic so they have access to your data during visits or anytime you might need assistance. Your clinic will provide you with a Sharing Code. To begin sharing data, complete one of the following:

Share using the Dexcom CLARITY app

1. Log into the Dexcom CLARITY app with your Dexcom login.

2. Tap Share and follow the onscreen instruction.

Share using the Dexcom CLARITY website

1. Log into CLARITY online at clarity.dexcom.eu/share

2. Follow the onscreen instruction.

Upload receiver data to prepare for visits

If you only use the Dexcom receiver with your CGM, you can prepare for clinic visits by uploading your CGM data to your CLARITY account in advance.‡ Once you authorise sharing, for every upload, your clinic will also have access to that data. The receiver only holds about 30 days worth of data, so uploading once a month is recommended to save all your data.

1. First-time CLARITY users must create an account at clarity.dexcom.eu

2. Follow the onscreen instructions to install the Uploader software.

3. Connect your receiver to your computer to upload automatically.

For all future uploads, just connect your receiver to your computer.

‡ An internet connection is required while uploading to CLARITY.

Always read the label and use only as directed. Read the warnings available on www.amsldiabetes.com.au/resources before purchasing. Consult your healthcare professional to see which product is right for you.