

# Site Training Checklist

**Important:** The following will be reviewed by an AMSL Diabetes representative with any healthcare facility or provider that chooses to train patients on the Dexcom G5<sup>®</sup> Mobile Continuous Glucose Monitoring (CGM) System. After reviewing, the site will be considered trained and a Training Certificate can be issued.

Trained Site Name: \_\_\_\_\_

Site Representative Name(s): \_\_\_\_\_

Trained By: \_\_\_\_\_

Date of Training: \_\_\_\_\_

<input type="checkbox"/>	<p><b>Review Indications for Use and Maintenance</b></p> <ul style="list-style-type: none"> <li>• Indications for Use [see back]</li> <li>• Basic maintenance, including storage [see Dexcom G5 Mobile CGM System User Guide]</li> </ul>
<input type="checkbox"/>	<p><b>Demonstrate Dexcom G5 Mobile Device Training</b></p> <ul style="list-style-type: none"> <li>• Components (display devices, applicator/sensor, transmitter)</li> <li>• Setup and Operation</li> </ul>
<input type="checkbox"/>	<p><b>Provide Training Materials</b></p> <ul style="list-style-type: none"> <li>• User Guide (<a href="http://amsldiabetes.com.au">amsldiabetes.com.au</a>)</li> <li>• Quick Start Guide</li> <li>• Treatment decision training</li> <li>• Tutorial USB Card</li> <li>• Device training slides</li> <li>• Other product training materials as appropriate</li> </ul>
<input type="checkbox"/>	<p><b>Review Troubleshooting</b></p> <ul style="list-style-type: none"> <li>• Found in the User Guide, Quick Start Guide, online at <a href="http://dexcom.com/faq">dexcom.com/faq</a> and in app</li> </ul>
<input type="checkbox"/>	<p><b>Review Process for Reordering</b></p> <ul style="list-style-type: none"> <li>• CGM Subsidy Eligible Patients: Re-order from Pharmacy</li> <li>• All others Private Sale Patients: Re-order by visiting <a href="http://amsldiabetes.com.au/shop">amsldiabetes.com.au/shop</a> or contact AMSL Diabetes Customer Care on 1300 851 056</li> </ul>
<input type="checkbox"/>	<p><b>Review AMSL Diabetes Customer Care Team</b></p> <ul style="list-style-type: none"> <li>• AMSL Diabetes Australian Based 24/7 hour Customer Care Team: 1300 851 056</li> </ul>
<input type="checkbox"/>	<p><b>Review Dexcom CLARITY<sup>®</sup> and Dexcom CLARITY User Guide</b></p> <ul style="list-style-type: none"> <li>• Remind user to record username and password for future reference</li> </ul>
<input type="checkbox"/>	<p><b>Review if Patient is Eligible for CGM Subsidy Initiative (<a href="http://www.ndss.com.au/CGM">www.ndss.com.au/CGM</a>)</b></p>
<input type="checkbox"/>	<p><b>Review Dexcom Share<sup>®</sup> and Dexcom Follow<sup>®</sup></b></p>
<input type="checkbox"/>	<p><b>Completed Dexcom Certified Training Exam</b></p>

- It is the responsibility of the AMSL Diabetes representative to return the completed Site Training Checklist and Site Training Verification Form
- Return document to your AMSL Diabetes representative or email at [diabetes@amsl.com.au](mailto:diabetes@amsl.com.au)
- For additional product support or training, see the Dexcom G5 Mobile tutorial at [dexcom.com](http://dexcom.com), contact your AMSL Diabetes representative or AMSL Diabetes Australian based 24/7 hour Customer Care Team on 1300 851 056

## Indications for Use

The Dexcom G5 Mobile Continuous Glucose Monitoring System (Dexcom G5) is a glucose monitoring system indicated for the management of diabetes in persons age 2 years and older. The Dexcom G5 is designed to replace fingerprick blood glucose testing for diabetes treatment decisions.

Interpretation of the Dexcom G5 results should be based on the glucose trends and several sequential readings over time. The Dexcom G5 also aids in the detection of episodes of hyperglycaemia and hypoglycaemia, facilitating both acute and long-term therapy adjustments.

The Dexcom G5 is intended for single patient use.

## Important User Information

Failure to use the Dexcom G5 and its components according to the instructions for use and all indications, contraindications, warnings, precautions, and cautions may result in you missing a severe hypoglycaemia (low blood glucose) or hyperglycaemia (high blood glucose) occurrence and/or making a treatment decision that may result in injury. If your glucose alerts and readings from your Dexcom G5 do not match your symptoms or expectations, use a fingerprick blood glucose value from your blood glucose metre to make diabetes treatment decisions. Seek medical attention when appropriate.

Please review the product instructions before using the Dexcom G5. Indications, contraindications, warnings, precautions, cautions, and other important user information can be found in the product instructions that are included with, or accompany, the Dexcom G5. Discuss with your healthcare professional how you should use the information displayed on the Dexcom G5 to help manage your diabetes. The product instructions contain important information on troubleshooting the Dexcom G5 and on the performance characteristics of the system.

## Contraindications

### MRI/CT/ Diathermy

Remove the Dexcom G5 sensor, transmitter, and receiver before Magnetic Resonance Imaging (MRI), Computed Tomography (CT) scan, or high-frequency electrical heat (diathermy) treatment.

The Dexcom G5 has not been tested during MRI or CT scans or with diathermy treatment. The magnetic fields and heat could damage the components of the Dexcom G5, which may cause it to display inaccurate blood glucose readings or may prevent alerts.

## Medications

Taking medications with paracetamol while wearing the Dexcom G5 may inaccurately raise the glucose readings generated by the Dexcom G5. The level of inaccuracy depends on the amount of paracetamol active in your body and is different for each person. Do not rely on continuous glucose monitoring (CGM) data produced by the Dexcom G5 if you have recently taken paracetamol.

## Warnings

### Sensor Fractures

Do not ignore sensor fractures. Sensors may fracture or detach from the sensor pod on rare occasions. If a sensor breaks and no portion of it is visible above the skin, do not attempt to remove it. Seek professional medical help if you have symptoms of infection or inflammation—redness, swelling or pain—at the insertion site. If you experience a broken sensor, please report this to the AMSL Diabetes Customer Care Team on 1300 851 056.

### Do Not Use Damaged Goods

If the Dexcom G5 Receiver or Dexcom G5 Transmitter is damaged or cracked, do not use it. This could create an electrical safety hazard causing possible electrical shocks resulting in injury. In addition, a damaged or cracked Dexcom G5 Receiver or Dexcom G5 Transmitter may cause the Dexcom G5 System not to function properly.

### Choking

Do not allow young children to hold the sensor or transmitter without adult supervision. The sensor and transmitter include small parts that may pose a choking hazard.

*The following warnings may result in the consequence of missing severe hypoglycaemia (low blood glucose) or hyperglycaemia (high blood glucose) or making a treatment decision that results in injury:*

### Review Training Materials

Thoroughly review the training materials included with your Dexcom G5 before use. Incorrect use of the Dexcom G5 could lead you to misunderstand information produced by the system or might affect the system's performance.

### Diabetes Treatment Decisions

If your Dexcom G5 does not display a sensor glucose reading and an arrow, or if you are getting inaccurate or inconsistent readings, use a fingerprick blood glucose value from your blood glucose meter to make diabetes treatment decisions.

### Do Not Ignore Low/High Symptoms

Do not ignore symptoms of low or high glucose. If your glucose alerts and readings do not match your symptoms or expectations, you should obtain a fingerprick blood glucose value from your blood glucose meter to make diabetes treatment decisions or seek immediate medical attention.

## Who Should Not Use

The Dexcom G5 was not evaluated or approved for the following persons:

- Pregnant women
- Persons on dialysis

Do not use the Dexcom G5 Mobile CGM System in critically ill patients. It is not known how different conditions or medications common to the critically ill population may affect performance of the system. Sensor glucose readings may be inaccurate in critically ill patients.

The Dexcom G5's accuracy has not been tested in people within these groups and the system's glucose readings may be inaccurate.

## Calibrate on Schedule

Calibrate the Dexcom G5 at least once every 12 hours. The Dexcom G5 needs to be calibrated in order to provide accurate readings. Do not use the Dexcom G5 for diabetes treatment decisions unless you have followed the prompts from the device and calibrated every 12 hours after the initial calibration.

## Placement

Do not insert the sensor component of the Dexcom G5 in a site other than the belly/abdomen (ages 2 years and older) or the upper buttocks (ages 2 to 17 years). The placement and insertion of the sensor component of the Dexcom G5 is not approved for other sites. If placed in other areas, the Dexcom G5 may not function properly.

## Initial Calibration: Data/Alarm/Alert

Do not expect sensor glucose readings or alarms/alerts from the Dexcom G5 until after the 2-hour startup. The Dexcom G5 will NOT provide any sensor glucose readings or alarms/alerts until after the 2-hour startup ends AND you complete the startup calibration. Use fingerprick glucose values from your blood glucose meter during the 2-hour startup.

## Sensor Storage

Store the sensor at temperatures between 2°C-25°C for the length of the sensor's shelf life. You may store the sensor in the refrigerator if it is within this temperature range. The sensor should not be stored in the freezer.

Storing the sensor improperly might cause the sensor glucose readings to be inaccurate.

## Smart Device Settings

Your Dexcom G5 Mobile App's Mute Override setting allows you to receive certain Dexcom system alerts, even if your phone sound is off, set to vibrate, or in Do Not Disturb mode.

This will allow you to silence calls or texts but still receive CGM alerts. Alerts that you will continue to receive, even if your smart device is silenced, include: Urgent Low Alarm; Low and High Glucose alert; Rise and Fall Rate alerts; and certain critical system alerts. Exception for high/low, rise/fall if you have chosen vibrate-only as your programmed sound.

## Missed an Alarm or Alert?

An Alarm or Alert from the Dexcom G5 Mobile App cannot be heard through your smart device's speakers if headphones are plugged in.

Make sure you unplug your headphones when you are done using them, otherwise you might not hear an Alarm or Alert from the Dexcom G5.

## Precautions

### Sensor Package

Do not use the Dexcom G5 Sensor if its sterile package has been damaged or opened. Using a non-sterile sensor might cause infection.

### Clean and Dry Before Using

Do not open the sensor package until you have washed your hands with soap and water, and let them dry. You may contaminate the insertion site and suffer an infection if you have dirty hands while inserting the sensor.

Do not insert the sensor until you have cleaned the skin near the insertion site with a topical antimicrobial solution, such as isopropyl alcohol, and allowed the skin to dry. Inserting into unclean skin might lead to infection. Do not insert the sensor until the cleaned area is dry so the sensor adhesive will stick better.

### Reusable: Don't Throw Away

Do not discard your transmitter. It is reusable. The same transmitter is used for each session until you have reached the end of the transmitter's battery life.

*The following precautions may result in the consequence of missing severe hypoglycaemia (low blood glucose) or hyperglycaemia (high blood glucose) or making a treatment decision that results in injury:*

### Be Accurate, Be Quick

To calibrate the system, enter the exact blood glucose value displayed on your blood glucose meter within five minutes of a carefully performed fingerprick glucose measurement.

Do not enter the Dexcom G5's sensor glucose readings for calibration. Entering incorrect blood glucose values, blood glucose values obtained more than 5 minutes before entry, or sensor glucose readings might affect sensor performance.

### Treatment Decisions

Make diabetes treatment decisions based on the combination of the sensor glucose reading, trend arrow, and/or actionable alerts generated by the Dexcom G5.

## Expiration Date

Do not use Dexcom G5 Sensors that are beyond their expiration date. Before inserting a sensor, confirm the expiration date that is listed on the package label in the following format: YYYY-MM-DD.

Do not use sensors that are beyond their expiration date because the sensor glucose readings might not be accurate.

## Sensor Placement

Avoid using the same spot repeatedly for sensor insertion. Rotate your sensor placement sites, and do not use the same site for two sensor sessions in a row. Using the same site might cause scarring or skin irritation.

Avoid inserting the sensor in areas that are likely to be bumped, pushed, or compressed or areas of skin with scarring, tattoos, or irritation as these are not ideal sites to measure glucose. Insertion in these areas might affect sensor accuracy.

Avoid injecting insulin or placing an insulin pump infusion set within three inches of the sensor. The insulin might affect sensor performance.

## Use Correct Transmitter, Receiver, and Sensor

Different generations of Dexcom continuous glucose monitoring system transmitters and receivers are not interchangeable with each other.

The Dexcom G5's transmitter and receiver are not compatible with the Dexcom G4 PLATINUM CGM System's transmitter and receiver. The Dexcom G5 will not work if you mix the transmitter and receiver from different generations. You can use a Dexcom G4 PLATINUM Sensor with the Dexcom G5 System. Before using the sensor, make sure the sensor label says "Dexcom G5 Mobile/G4 PLATINUM Sensor" or "Dexcom G4 PLATINUM Sensor."

## Communication Range

Avoid separating the transmitter and receiver by more than 6 metres. The transmission range from the transmitter to the receiver is up to 6 metres without obstruction. Wireless communication does not work well through water so the range is much less if you are in a pool, shower, etc.

Types of obstruction differ and have not been tested. If your transmitter and receiver are farther than 6 metres apart or are separated by an obstruction, they might not communicate or the communication distance may be shorter.

## Setting Alarm/Alert Notifications

When using both a receiver and a smart device with your Dexcom G5, you must set your settings separately in each. If you set up one device and then use another, you might not get an Alarm or Alert.

Using an accessory device (like a smart watch) might override your smart device sounds. Alarms or Alerts might vibrate or be heard on the accessory instead of your smart device. After connecting any accessories, make sure that the smart device settings allow you to continue receiving Alarms or Alerts on the smart device.

## Is it On?

If the receiver or smart device is turned off (Shut Down), it will not display sensor data, information, Alarm or Alerts generated by the Dexcom G5. Make sure the Display Devices are turned on; otherwise you won't get sensor glucose readings or Alarm or Alerts.

## Keep Receiver Dry

Keep the USB port cover on the receiver closed whenever the USB cable is not attached. Do not submerge the receiver in water.

If water gets into the USB port, the receiver could become damaged and stop displaying readings or providing alerts.

## No Alternative Site Testing

Do not use alternative blood glucose site testing (blood from your palm or forearm, etc.) for calibration. Alternative site blood glucose values may be different than those taken from a fingerprick blood glucose value and may not represent the timeliest blood glucose value. Use a blood glucose value taken only from a fingerprick for calibration. Using alternative site blood glucose values for calibration might affect the Dexcom G5's accuracy.

## When Not To Calibrate

Do not calibrate if your blood glucose is changing at a significant rate, typically more than mmol/L per minute. Do not calibrate when your receiver screen is showing the rising or falling single arrow or double arrow, which indicates that your blood glucose is rapidly rising or falling. Calibrating during rapid rise or fall of blood glucose may affect sensor accuracy.

## Don't Share Your Transmitter

Do not share your transmitter with another person or use a transmitter from another person. The Dexcom G5 is a medical device and is meant, or indicated, for individual use only.

The transmitter is tied to the sensor glucose readings. If the transmitter is used by more than one person, the glucose readings, alerts, and reports may be wrong.

For more information on Dexcom G5 Mobile, please contact the AMSL Diabetes Customer Care team on 1300 851 056

[amsl diabetes.com.au](http://amsl diabetes.com.au)

