

Every person is different – but everyone  
can use the **OneTouch® Verio® IQ Meter.**



# ONETOUCH® Verio® IQ

**BLOOD GLUCOSE MONITORING SYSTEM**

The smart choice for self-management

**QUICK SET UP GUIDE**

## Setting up your system

Getting to know your OneTouch® Verio®IQ Blood Glucose monitoring system

Set up is easy -  
you can turn on  
the features you  
want, or just get  
started!



### Test strip meter port

Insert test strip here to turn meter on

### Battery icon

Indicates battery power remaining

### Display

### mmol/L

The pre-set unit of measure which cannot be changed

### Back button

- Go back to the previous screen (press and release)
- Go to the Main Menu (press and hold)

### OK button

- Turns meter on/off
- Confirms menu selections

### Up and down buttons

Highlight the desired selection

### Data/battery charging port

- Connect to download to computer
- Connect to recharge battery

## Set-up and special features

Choose to keep your Verio®IQ simple or customise it to your desire with its various features

Set Time	Set Date
12 : 45	23 Apr 2012
Please set with care.	Please set with care.

In the **Set Time** screen press or to set the hour and press . Repeat this step to set the minutes.

In the **Set Date** screen press or to change the day and press . Repeat this step to set the month, then the year.

1

### Alerts

On  
 Off

Track patterns and receive alerts.

To turn this feature on or off, press or to highlight your selection and press .

2

### High/Low Limit

Low Limit:	3.8
High Limit:	7.2

Set the high and low blood sugar limits.

3

### Last Result

01 Apr 01:45

**5.8**  
mmol/L

Before meal  
 After meal

To add a tag, highlight **Before** or **After Meal** and press .

4

## Four easy steps to test your blood glucose

1



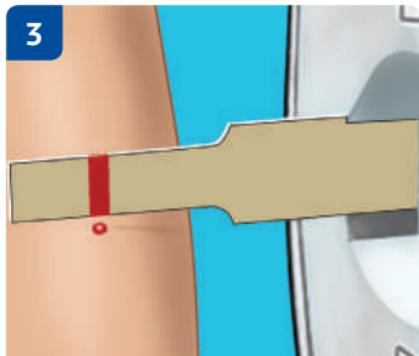
Insert test strip

2



Lance the side of your finger

3



Hold the meter at an angle  
and guide the channel to  
the blood drop

4



Read your result  
on the meter

## Performing a solution control test

*Running a test? Your OneTouch® Verio® IQ device will know automatically!*

1. Insert a test strip to turn the meter on



2. Wait for the channel to fill completely with the control solution

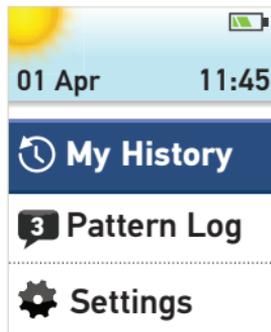


3. Check if the result is in range: compare result displayed on the meter to the range printed on your OneTouch® Verio® Control Solution vial.

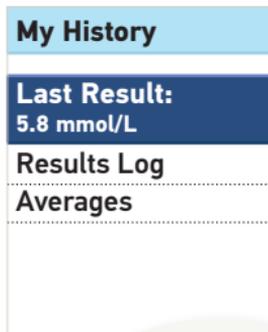


**CAUTION** If the words **Control solution** do not appear on the screen, this result will be included in your averages and your averages will change too. Repeat the test with a new test strip. If the problem persists, contact Customer Service at 1 800 543 372.

## Accessing your results history



Choose **My History** from the **Main Menu** and press **OK**.



Choose **Averages**.

Averages	
	mmol/L
<b>7 Days</b>	
24 Results	<b>5.8</b>
<b>14 Days</b>	
52 Results	<b>6.7</b>
<b>30 Days</b>	
136 Results	<b>6.9</b>
<b>90 Days</b>	
396 Results	<b>6.2</b>

For each of the 7, 14, 30 and 90-day periods leading up to the current date, the meter will display the number of results and the average of those results.

*You don't have to use software to view your patterns or results history - you can access both on your device!*

For product support and free control solution, please contact:

**ONETOUCH® CUSTOMER CARE:**  
**1800 543 372**

Monday–Friday 8am–3am and Saturday 8am–5pm (AEST)

Please refer to the OneTouch® Owner's Guide in the meter box for full instructions. Speak to your healthcare professional for more information on blood glucose monitoring. For more information on the OneTouch® Verio IQ blood glucose monitoring system, call OneTouch® Customer Care on 1800 543 372.

The OneTouch® Verio IQ blood glucose monitoring system is intended to be used for the quantitative measurement of glucose in fresh capillary whole blood. USE ONLY AS DIRECTED. YOUR HEALTHCARE PROFESSIONAL WILL ADVISE YOU WHETHER THIS PRODUCT IS SUITABLE FOR YOU/YOUR CONDITION. ALWAYS READ THE LABEL. OneTouch® and OneTouch® Verio IQ are registered trademarks of Johnson & Johnson. Distributed by: Johnson & Johnson Medical Pty Ltd, 1-5 Khartoum Road, North Ryde, NSW 2113, Australia. ABN: 85 000 160 403. Date of preparation of material: May 2015. LFS201506\_17.

  
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