

Quick Guide

diasend® Personal

diasend® Personal is a service for patients with diabetes who want to monitor their glucose, CGM and insulin from home. In order to upload data from your home monitoring device(s), you first need to register an account and download the diasend® Uploader software.

1 Register at diasend.com, download and install diasend® Uploader

- Complete the registration process online.
- Download the diasend® Uploader installation file in the final step of the registration process.
- Run the installation file and follow the instructions on the screen.




Compatible operating systems:
Windows XP, Vista, 7, 8
Mac OS X 10.6-10.10 (Intel based 64-bit)

Note: patients with Mac OS X can retrieve the downloaded installation file in Finder.

Note: you can also access the Uploader installation file from your account. To do so, log into your account and go to "Tools".

2 Start Uploader and connect the device to your computer

-  Double-click on the Uploader icon on your desktop to start the program.
- Connect the appropriate USB cable or infrared (IR) cable to your computer, wait a few seconds for the cable drivers to be recognized and connect your device to the cable as shown below.

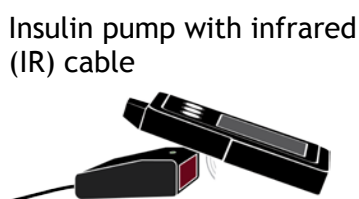
For more information on how to download specific devices, please refer to page 2 of this guide.

Note: The first time you transmit a device, you will be asked to validate your user account. Please enter your username and password.

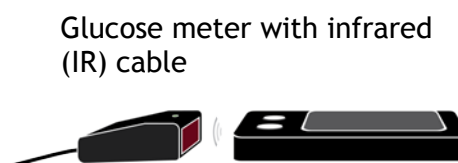
Note: Animas® pumps and Roche Accu-Chek® meters require an Actisys IR wireless download cable (ACT-IR224UN-Li). Animas patients on Windows 8 will require a specific cable (ACT-IR224UN-Li2). The Accu-Chek® 360 USB cable is also compatible with diasend® for Accu-Chek® devices. All other devices require their respective USB cable.



Glucose meter with USB cable



Insulin pump with infrared (IR) cable



Glucose meter with infrared (IR) cable

3 Log in at diasend.com and view / share data

All your data is presented in easy-to-understand tables and graphs. Please refer to the Report reference guide on our website for further information.

You can share your data with your health care provider by entering the Clinic ID in diasend®, under "Account admin" and "Share data". Don't forget to click "Update".

The screenshot shows the patient dashboard for James Patient. At the top, there are navigation tabs: "Review my data" (highlighted), "Tools", "Account admin", and "Log out". The diasend.com logo is in the top right. Below the navigation, there are buttons for "Recent Updates" and "Customer Support". The patient's name "James Patient" is displayed, along with a PDF icon. A message states: "Information from insulin pump is available from the period: 01/01/2011 - 20/10/2014". At the bottom, there are tabs for "Glucose", "CGM", "Insulin", "Comparison" (highlighted), and "Compilation". A "My profile" button is in the bottom right corner.

Here is a list of all compatible devices. Unless explicit upload instructions are provided for the actual device, you need just to connect it to your PC/Mac with its specific USB cable and it will upload automatically. Visit diasend.com to see a current list of compatible devices and known limitations.

Glucose meters and CGMs

Glucose meters and CGMs with USB cable

Abbott - FreeStyle, FreeStyle Flash, FreeStyle Freedom, FreeStyle Freedom Lite, FreeStyle Libre, FreeStyle Lite, FreeStyle Mini, FreeStyle Optium, FreeStyle Optium H, FreeStyle Papillon, FreeStyle Papillon Lite, FreeStyle Papillon Mini, FreeStyle Papillon Vision, FreeStyle Precision, FreeStyle Precision H, FreeStyle Xido, Optium Mini, Optium Neo, Optium Xceed, Optium Xido, Precision Xceed, Precision Xtra, FreeStyle InsuLinX, FreeStyle Papillon InsuLinX, Abbott Freestyle Navigator II

Bayer - Contour, Breeze2
Connect to your computer and push the meter's power button.
Contour Next USB, Contour USB
Connect directly to your computer.
Contour Next

Dexcom - SEVEN PLUS, G4 Platinum

i-SENS - CareSens N, CareSens N POP, CareSens COOL/Bravo, alphacheck professional
Connect to your computer and push the meter's S button.

LifeScan - OneTouch® UltraSmart®
Connect to your computer and push the left black button.
OneTouch® Ping, Ultra®, Ultra2®, UltraMini® / UltraEasy®, Verio® (gen 1), Verio® Pro, Verio® IQ, VerioSync

Medcore - Care

Menarini - GlucoMen LX Plus, Gm, areo

Nipro - TRUEresult, TRUEyou, TRUEyou mini

Roche - Accu-Chek® Mobile (USB)
If the upload does not start after 20 seconds after connecting the cable, go to the main menu on the meter, go to "My data", "PC analysis", "Reports", and connect the meter to the USB cable again. Please do not hold down the two arrow buttons.

Sanofi - BGStar®

Ypsomed - mylife™ Pura, Unio

Glucose meters with infrared (IR) USB cable

Connect the specific IR wireless download cable (see picture on page 1 of this guide) and place the glucose meter's top end directed towards the cable's front panel.

Roche - Accu-Chek® Aviva, Nano
Activate IR transmission by pushing and holding the two arrow buttons until two arrows appear in the display.

Roche - Accu-Chek® Compact Plus
Activate IR transmission by pushing and holding the buttons S and M below display until two arrows appear.

Roche - Accu-Chek® Aviva Combo, Aviva Expert
In the main menu, go to "My data" and select "Data transfer".

Roche - Accu-Chek® Mobile (IR)
Press and hold the two arrow buttons. In the data transfer menu, select the first alternative ("for analysis").

Insulin pumps

Animas® - 2020/Vibe

1. Suspend the pump. (MAIN MENU, scroll to "Suspnd/Resum" and press OK; "Suspend" is highlighted).
2. Press OK.
3. Place the pump with its back towards the Actisys IR wireless download cable. (Transmission takes about 3 minutes)
4. When the transmission is finished: Resume pump (MAIN MENU, scroll to "Suspnd/Resum" and press OK; "Resume" is highlighted). Press OK.

WARNING!

Always consult your GP if you discover anomalies in your information displayed in diasend®. Never change your medication doses prior to consulting your GP! All patient medical diagnoses and treatments are to be performed under supervision of qualified healthcare professionals! diasend® is not intended to provide automated treatment decisions or to be used as a substitute for professional healthcare judgment. diasend® is not intended for emergency calls or for transmission or indication of any real-time alarms or time-critical data! diasend® is not intended as a substitute for direct medical supervision or emergency intervention.

diasend.com

diasend® is distributed in Australia by:



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