

# Dexcom G4 PLATINUM Patient Training Checklist

## Continuous Glucose Monitoring

Date: _____	First Name: _____	Surname: _____	Date of Birth: _____
Insulin Pump Model (If Applicable): _____	Receiver Serial Number (If Applicable): _____	Transmitter Serial Number: _____	

Instructions: Date and initial sections as education is provided, adding comments as appropriate. Healthcare professional (HCP) and trainer are to sign checklist after each education session.

### Instruction Topics

### Comments

#### CGM Overview

- Identify components of CGM system: Animas® Vibe™ Pump, Transmitter and Sensor applicator/Sensor
- Review CGM values vs. Blood Glucose (BG) values and set expectations
- Access CGM menu from main menu
- Activate new Transmitter and set up Transmitter ID
- Access CGM setup, then set alert sounds and levels (default vs. personalised)
- Set high alert level, low alert level and snooze time

Date: \_\_\_\_\_ Initial: \_\_\_\_\_

#### Insert CGM Sensor and Place Transmitter

- Check Sensor package for expiration date
- Identify proper insertion site (abdomen) and review areas to avoid
- Review site preparation
- Insert Sensor (pinch skin at base of Sensor Pod)
- Clean Transmitter
- Place Transmitter in Sensor Pod (pinch skin at base of Sensor Pod)
- State maximum length of Sensor wear

Date: \_\_\_\_\_ Initial: \_\_\_\_\_

#### Using the Sensor

- Start Sensor session and review warm up period
- Calibrate Sensor
- Identify calibration requirements and how to troubleshoot inability to calibrate
- Access and view trend screens
- Review colour coded trend arrows on trend screens and data screens
- Explain possible symbols on screen in place of current BG reading
- Review and scroll through CGM history records
- Explain automatic shut off alerts
- Explain how to stop and end Sensor session
- Explain how to remove Sensor pod and transmitter. Caution customer that Transmitter must NOT be thrown away
- Describe cleaning and reuse of Transmitter

Date: \_\_\_\_\_ Initial: \_\_\_\_\_

#### CGM Safety and Precautions

- Review warning and alert notifications
- Verify BG value with finger stick prior to insulin dosing or treatment
- State precautions to take around water and during medical procedures
- Describe the effect of Paracetamol-containing products on Sensor readings

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#### Troubleshooting CGM

- Discuss potential calibration and radio frequency (RF) communication issues
- Review possible Sensor Errors
- Discuss how, when, and why to contact Customer Support

Date: \_\_\_\_\_ Initial: \_\_\_\_\_

Customer Signature: _____	Company Representative Signature: _____	HCP Signature: _____
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